

Grade 1, Chapter 16 – The Mass

Bible story connections:

- Acts 2:41-42

Discussion Questions:

- Why is the Mass so important?
- How can we be more prayerful at Mass?
- What specific things do you know happen at Mass?

Memory Work (Baltimore Catechism):

366. What is Holy Communion?

Holy Communion is the receiving of Jesus Christ in the sacrament of the Holy Eucharist.

Catholic Brain Connections:

[Coloring pages](#)

[Eucharist](#)

[Bread of Life](#)

[Altar Server](#)

[Games](#)

[Name Match](#)

[Memory Match](#)

[Videos](#)

[Adventure Catechism – What is the Mass?](#)

Family Page: Ch. 16 – The Mass

Review:

Vocabulary

- Mass – The perfect form of worship, where we hear readings from the Bible, offer sacrifice to God, and receive Jesus in Holy Communion
- Liturgy of the Word – The first half of the Mass, focused on the Bible
- Liturgy of the Eucharist – The second half of the Mass, focused on the Eucharist

1) What is the first half of the Mass focused on?

The Bible

2) During the Liturgy of the Eucharist, what do the bread and wine become?

The Body and Blood of Jesus

Discussion Question:

Why is the Mass so important?

Activity:

Look up the Scripture readings for this Sunday's Mass and read and discuss them together before Mass.

You are Precious!